

ART AT HOME: HAPPY EARTH DAY

CELEBRATE THE EARTH, GET INSPIRED
AND MAKE SOME ART!

The first Earth Day took place on March 21, 1970 after John McConnell, a man who worked hard for the world to have peace, proposed that there should be a day to honor the Earth. Every year people from all over the world gather on Earth Day to celebrate nature and find ways to preserve our world—some communities even celebrate Earth Week!

Budding artists can help preserve the earth by using natural materials to create art that helps others recognize how beautiful our world is. Let's head outside!



MATERIALS:

- paint
- paint brushes
- palette (a place to mix your paint)
- newspaper or paper bags to cover painting surface
- cup of water to clean brushes
- camera



SEE:

Observe the world around you—Is the ground wet? Is the sun shining through the leaves? Is moss growing on the trunks of trees? Are there birds singing? What do you see in nature that inspires you?



THINK:

What do you love most about nature? What is your favorite outdoor memory? Are there any colors that remind you of these thoughts and feelings?



DO:

Gather some natural objects from the ground such as rocks or pebbles and fallen branches, leaves, or pine cones. Paint these objects in colors that represent how you feel when you spend time in nature.



INSPIRE:

Take your painted objects back outside and snap a few photos of your painted objects that capture how you feel about the Earth. Share with friends and family, encouraging them to enjoy the outdoors, too!



For more activities and art fun visit:
www.thesproutingimage.com