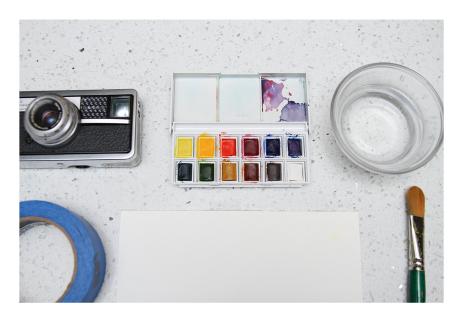


CREATE AN ABSTRACT PAINTING INSPIRED BY NATURE

Sometimes it can be difficult to share our experiences and feelings about the world around us with pictures or words. Unlike realistic styles, abstract artwork doesn't usually show lifelike subjects, but instead uses lines, shapes, and colors to share the artist's emotions.

Creating your own abstract artwork is a great way to visually express your own thoughts and feelings.



MATERIALS:

- camera or phone
- watercolors
- paint brush
- cup with water
- watercolor paper
- tape



SEE:

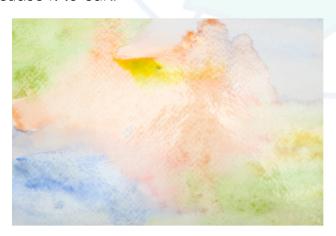
Get outside for a walk and explore the natural world around you. Take a few photographs of things that look beautiful to you - a colorful flower, the sun shining through the leaves, or even a slug.





Using your watercolor paints, create an abstract painting. You will probably need to mix some of the colors to match the 5 colors you picked out from your photographs.

*Tip: Be sure to use plenty of water so your colors blend and mix together. Oh, and tape your paper down or the water will cause it to curl.





THINK:

Think about what inspired you most on your walk. What colors stood out to you the most? What new things did you notice? Did anything surprise you? Once you get back home look through the pictures you just took and thoughtfully pick 5 colors that represent your outdoor walk.



INSPIRE:

Now that you have experimented with watercolors and looked more closely at the world around you, be inspired to continue noticing and creating. Keep exploring with watercolors and finding inspiration in nature.

For more activities and art fun visit: www.thesproutingimage.com